

Resilient Georgia Regional Grantee Annual Report 2023

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About the Resilient Georgia Regional Grants

<u>Resilient Georgia</u> has been working with 16 regions across Georgia to provide an emphasis on trauma-informed awareness and care, Adverse Childhood Experiences (ACEs) and child sexual abuse prevention training as a basis to transform systems and procedures crossing both public and private sectors.

- Resilient Georgia serves as a supportive and guiding resource during each region's planning and implementation process.
- These regional action plans each address the behavioral health needs of individuals birth through 26 years old and families in the community and surrounding counties using the Collective Impact framework (a diverse, robust, and well-planned public-private partnership).
- Trauma-Informed Care, ACEs and child sexual abuse prevention can be the basis for systemic changes in a community. Each region has identified how one or more of these content areas are delivered to diverse community members through formal training, education, marketing, and communications.
- Round 1 grants were awarded in November 2019 to regional coalitions based out of Athens, Augusta, Macon, Savannah, and surrounding areas. Round 2 grants were awarded in July 2020 to regional coalitions based out of Albany, Columbus, Rome, Thomasville, and surrounding areas. Round 3 grants were awarded in March 2021 to regional coalitions based out of Clayton, Cobb, Gwinnett, Valdosta, and surrounding areas. Round 4 funding was awarded in December 2021 to regional coalitions based out of Atlanta, Brunswick, Gainesville, and Waycross and the surrounding areas.

Coalition Mission

At Resilient Gwinnett, we are dedicated to creating a healthier and more secure future for all Gwinnettians. We are committed to our vision of a resilient community and are working with community partners to implement systems and practices that promote the well-being of both children and adults. Our mission is to develop and uplift communities by fostering a shared understanding of adversity and resilience, promoting trauma-informed practices, and advocating for policy and system change.

To learn more, visit the Resilient Gwinnett website at https://www.resilientgwinnett.org.

Summary

Gwinnett County is making strides towards becoming a trauma-informed community with the Resilient Gwinnett initiative. This program is aligned with the Resilient Georgia Strategic Map and has three main objectives:

- (1) **Building capacity** with a variety of people, including those in youth-serving organizations, faith-based institutions, school and afterschool systems, juvenile court, and civic and fraternal organizations, positive and adverse childhood experiences (PACEs) by offering evidence-based training related to increasing positive childhood experiences and preventing adverse childhood experiences.
- (2) **Increasing community awareness** by creating a common language related to trauma and resilience, providing tool kits for organizational use, and utilizing communications tools to create public awareness.
- (3) **Influencing systems change** by engaging key stakeholders and influencers that move Gwinnett County towards becoming a trauma-informed community.

Leadership Team and Contributors

Resilient Gwinnett/Gwinnett Coalition

Renee Byrd-Lewis, President and CEO
Teresa Raetz, PhD Chief Operating Officer
Kamesha Walker, MPH, Community Health Program Manager
Paige Havens, Health Equity Project Lead/Marketing Consultant
Vala Clark, Director of Engagement

Steering Committee Members

Jennifer Hibbard, Chief Executive Officer, View Point Health
Jessica Andrews-Wilson, Executive Director, Gwinnett United in Drug Education, Inc. (GUIDE)
Dr. Calvin Watts, Superintendent, Gwinnett County Public Schools (GCPS)
Belisa Urbina, Executive Director, Ser Familia
Marina Peed, Chief Executive Officer, Mosaic Georgia

Dr. Audrey Arona, Health Director, Gwinnett Newton Rockdale (GNR) Health Department **Travis Moses**, Director, Gwinnett County Division of Family and Children Services (DFCS) **Tommy Pearce**, Chief Executive Officer, Neighborhood Nexus

Training Action Team Members

Amira Abdulhafid, Program Director for Suicide Prevention, Gwinnett United in Drug Education Steve Collins, Founder and Executive Director, Adults Protecting Children (retired) Sandy Chavarria, Hispanic Outreach Prevention Coordinator, Georgia Center for Child Advocacy (GCCA)

Diana Plazas, Substance Abuse Counselor (CADC II)/International Prevention Specialist (ICPS) **Molly Abrokwah, LMFT, CCM**, Lead Clinical Trainer, Amerigroup **Teresa Bradley, LPC, CPCS, CCM, MAC, TF-CBT**, Clinical Trainer, Amerigroup **Maryam Jordan**, Counselor and Trainer, Mosaic Georgia

Other Contributors

Elizabeth Green, Student – MSW program, Georgia State University Gloria Jones, Student - MSW program, Georgia State University Samantha Martinez Castillo, Student - MSW program, Georgia State University Mimi Shin, Student - MSW program, Georgia State University Shanelle Jackson, Student - MSW program, Tulane University

Coalition Partners

Active Partners

Name	Title	Organization	Туре
	Executive Director	Adults Protecting Children	Nonprofit
Steve Collins	Regional Coordinator (retired)	GCCA	Public
Sandy Chavarria	Hispanic Outreach Prevention Coordinator	GCCA	Public
Audrey Arona	CEO	GNR Health Department	Public
Amira Abdulhafid	Program Director	GUIDE	Nonprofit
Jessica Andrews Wilson	Executive Director	GUIDE	Nonprofit
Marina Peed	CEO	Mosaic Georgia – Child Advocacy Center	Nonprofit
Belisa Urbina	CEO	Ser Familia	Nonprofit
Jennifer Hibbard	CEO	View Point Health	Public

Supportive Partners

Name	Title	Organization	Туре	
Doris Bridges	Founder and CEO	Bridge The GAP of GA	Nonprofit	
Ericka McClam	Program Director	CASA (Court Appointed Special Advocates)	Nonprofit	
Kate Walker	Director of Performance	Catholic Charities Atlanta	Nonprofit	
Rate Walker	and Strategic Initiatives	Catholic Charities Atlanta	Νοπριστιτ	
Monifa Holman	Family Stabilization	Catholic Charities Atlanta	Nonprofit	
IVIOIIIIa HOIIIIaH	Program Director	Catholic Charities Atlanta	Νοηρισιιτ	
TBA		CPACS (Center for Pan Asian	Nonprofit	
IDA		Community Services)		
Julio Carrillo	COO	Families First	Nonprofit	
Chad Plotts	Director	Freedom Path Counseling	Private	
Andi Worley	Contract Training Consultant	GA Cares	Public	
Catherine Garcia-Brake	SSW	GCPS (Gwinnett County Public Schools)	Public	

Name	Title	Organization	Туре
Evan Pearson	Development Director	Hillside Foundation	Private
Shawndra Merriweather	President	Magdalene's Gate	Nonprofit
Lindsey Woon Ferreira	Mosaic Georgia – Child		Nonprofit
Tami Wilder	CEO	Positive Impact International	Nonprofit
Anne Souter	Vice President	Primerica Foundation	Private
Melanie Conner	CEO	Rainbow Village	Nonprofit
Alli Neal	Executive Director	Revved Up Kids	Nonprofit
Deborah Wengro		Salvation Army of Gwinnett	Nonprofit
Derek Higgs	Co-Founder	Sapphire Youth Development	Nonprofit
David Smith	Executive Director	Summit Counseling	Public
Rachel Newcomer	Director of Development	Summit Counseling	Public
Silvia Hernandez	President	Trinity Outreach International	Nonprofit
Tanya Toyer	Founder	Wellness & Trauma Recovery Center	Nonprofit
Allison Ashe	CEO	Wellroot Family Services	Private

Community Partners

Name	Organization	Location	Туре
Shunte Howze	Genesis Outreach, Inc	Snellville	Nonprofit
Dianna Cross	GNR Health Department	Norcross	Public
Sharmaine Brown	Jared's Heart of Success, Inc.	Stone Mountain	Nonprofit
Nyeesha Williams	Serenity and Oasis	Buford	Nonprofit
Terri White	White Diamond Counseling Consulting Coaching	Loganville	Public

Message from the Principal Investigator

Gwinnett County is the second largest county in Georgia and remains one of the fastest growing in the country. A metro-Atlanta suburban community of 957,062 residents, Gwinnett remains the most diverse community in the southeastern United States, comprised of 13% Asian, 22% Hispanic, 30% Black and 35% Caucasian. Gwinnett's foreign-born population is 26%, a majority of whom hail from the Americas and Asia, like Mexico, Korea, India, Vietnam, El Salvador, and China. Researchers refer to Gwinnett County as the prototype community of the future because Gwinnett County is today what the United States will be in 2040.

This beautiful mosaic of cultures, however, presents significant challenges. Language and culture barriers abound with 35% of residents speaking a language other than English at home. Additionally, 16.5% of Gwinnett residents do not have health insurance. This rate is double the nationwide average of 8% of citizens without coverage. Many adults in communities of color are employed in low-wage, unstable jobs with minimal education, and 15.1% of children 18 years of age and younger live in poverty. Under the best of circumstances, these factors make it difficult for residents to thrive. Add COVID-19 challenges to the mix, and the stresses on individuals, families and health and human services delivery systems are exacerbated.

Over the past three years, the community dealt with the devastating impacts of a world-wide pandemic, witnessed the death of George Floyd which sparked renewed conversations about the effects of systemic racism, and experienced a sea-change in political leadership from long-time republican dominated Gwinnett County Board of Commissioners and Board of Education to Democratic-led entities by persons of color. Diversity, equity, and inclusion is a top agenda item for many institutions, regardless of sector. Simply stated, Gwinnett County is the perfect melting pot for anti-racist efforts and cultural competency improvements.

The Gwinnett Coalition's leadership of a local consortium of like-minded organizations in support of the Resilient Georgia statewide effort remains a timely and much needed effort. I, along with my esteemed colleagues across multiple sectors, are committed to pursuing a more equitable and just community. Preventing and healing adverse childhood experiences and aligning public and private resources so Gwinnett County residents can thrive is a relevant objective for our community. Together, we will drive collective impact in Gwinnett County.

Key Impacts/Accomplishments

Resilient Gwinnett-led partners are passionate about making the Resilient Georgia cohort 3 experience the best it can be and are committed to maximizing the Pittulloch Foundation's generous investment as well as other investors who support this work. By building a strong foundation that encourages the involvement of key stakeholders and community leaders, we can work together to create a more resilient and healing environment for our children and reduce childhood adverse experiences in the short- and long-term.

Resilient Gwinnett/Gwinnett Coalition

- In April and May 2022, 2 full-time staff members, a Director of Engagement and Community Health Program Manager, were hired.
- Fifteen Gwinnett Rotary Clubs joined forces to provide Stewards of Children training both in-person and virtual to their members and their families and friends in July and August 2022.
- In August 2022, the Gwinnett Coalition shared vital information with the Georgia Public News Service, resulting in an article titled *A Growing Movement for Trauma-Informed Care*. This article was part of a larger strategy to spread awareness about childhood trauma and its importance, with the ultimate goal of garnering participation in trainings and support groups, like our Steering Committee and Training Action Team.
- Over 1,300 individuals were trained in one of the five training courses offered this year.
- The Exchange, our weekly e-newsletter, provided readers with 33 editions packed with fresh and exciting content from trauma-informed trainings to funding opportunities and food resources.
- Five Master of Social Work students began working with Resilient Gwinnett to assist the Community Health Program Manager in the last quarter of 2022-first quarter of 2023.
- The PACES Roundtable was restructured to form the Resilient Gwinnett Steering Committee in January 2023.

Mosaic Georgia

Mosaic Georgia actively works to reflect the rich diversity of Gwinnett County. Over one-third of their team can deliver services in more than one language, and they represent many cultures, faiths, and life experiences. Over the last three years, the complexity and severity of the harm to children significantly increased compared to pre-COVID times. The reported abuse is largely attributed to the economic and psychosocial strains from the pandemic and the current political and economic climate. Using their Mosaic Resilience Center, Mosaic provided:

- Over 23,000 advocacy services
- 6,893 legal services to 353 legal clients
- Mental health and wellness services with 925 counseling referrals, 63 Wholeness
 Collective participants, and 38 counseling clients
- 40 prevention education and outreach services which included presentations, trainings, and events.

Georgia Center for Child Advocacy (GCCA)

- In 2022 Georgia Prevention Facilitators educated over 187,000 adults. Currently, in March 2023, 192,687 people were trained.
 - At the end of Q1 2023, Gwinnett County ranked #1 in Spanish Stewards of Children and Connections Matter trainings with 501 Gwinnettians trained, and #4 in total number of people trained overall.
- In 2022 GCCA, has translated and culturally adapted the following trainings to Spanish: Becoming a More Resilient Parent and Human Trafficking CSEC Prevention.

- The Prevention Palooza event during Child Abuse Prevention Month in 2022 was a big success. 683 people attended out of 1378 registered (52% attendance rate).
 - In 2023, GCCA will repeat the event and hope to achieve a higher attendance rate.
- As of 2023, GCCA was selected as the newest Prevent Child Abuse (PCA) Georgia local council serving DeKalb and Fulton Counties -- PCA Atlanta.
- New programs 2022:
 - Strengthening Families Georgia (SFGA) Community Café
 - Selected Seminar Triple P Positive Parenting Program (Level II)
 - Healthy Outcomes of Positive Experiences workshop.
- Programs pending 2023:
 - Connections Matter 2.0
 - Stewards of Children 3.0
 - Revised Technical Assistance Resource Guide (TARG) that provides guidance on youth prevention programs that align with GA mandate SB 401

Description of Trauma-Informed Care (TIC) and Adverse Childhood Experiences (ACES)- Related Efforts

TIC/ACES Services – General

Resilient Georgia is committed to leading a state-wide coalition to develop a closely aligned, trauma-informed public and private network, with the aim of creating a birth to 26-year-old integrated behavioral health system. To achieve this, a variety of partners will be involved in the implementation of key components such as advocacy, policy, prevention and intervention, research, and system-of-care implementation and coordination. To ensure successful implementation, Resilient Gwinnett key stakeholders are engaged in TIC/ACES services.

Gwinnett Coalition

The Gwinnett Coalition serves as the backbone for the Resilient Gwinnett initiative, providing leadership, oversight, and administrative support. In the community, we now reference the three Pillars of Resilience (The 3 P's) as we engage community members in dialogue and learning. The three Ps refer to: (1) preventing adverse childhood experiences; (2) promoting positive childhood experiences; and (3) practicing trauma-informed care. Along with our partners, we are changing the conversation about ACEs in Gwinnett County. Our key partners trained over 1,300 individuals in ACEs and resilience and gave participants a language and a lens with which to discuss these issues in their own circles of influence and to directly impact others. Further, we are aligning to make that change exponential, by continuing to train individuals while giving special emphasis to training organizations. The recent restructuring of the Steering Committee will help accelerate the work and improve the well-being of our most vulnerable children and youth.

GUIDE, Inc.

GUIDE, Inc. is a local nonprofit whose mission is to improve community conditions for youth that includes delivering training and resources and working to prevent substance use and abuse.

View Point Health (VPH)

View Point Health is a local community service board providing a comprehensive array of behavioral health services and support in Gwinnett, Rockdale, and Newton counties. They train all staff, from direct care to administration, in trauma-informed care. To this end, VPH has implemented a range of initiatives to ensure staff are equipped to provide a safe and compassionate environment for clients that have been traumatized. View Point Health aims to prevent re-traumatizing clients, build on client strengths, increase resilience, and support trauma-informed principles. Specifically, VPH utilizes:

- Trauma-Focused Cognitive Behavioral Therapy to teach staff to educate children and caregivers on the impact of trauma. VPH teaches clients how to cope with emotions, develop stress management skills, share trauma experiences, and modify inaccurate thoughts. They also optimize the caregiver's support of child that has experienced trauma.
- Evidence-based practices webinars for professional staff, on-site trainings, and foundational training for all staff. VPH encourages utilizing Trauma-Informed Care skills in all interactions with clients.

Mosaic Georgia

Mosaic Georgia is the Children's Advocacy Center responsible for providing a 24/7 multidisciplinary response to disclosures or reports of suspected child sexual abuse, commercial sexual exploitation, or other significant harms in Gwinnett County. In collaboration with law enforcement, DFCS, and other child welfare agencies, Mosaic Georgia's team of specialists offer forensic services (including interviews and medical exams), child and family advocacy, and mental health supports in a secure environment.

Georgia Center for Child Advocacy (GCCA)

The Georgia Center for Child Advocacy (GCCA) serves the state of Georgia as an advocate for children who have been subjected to sexual and severe physical abuse. To ensure positive outcomes, GCCA works in collaboration to achieve this aim through prevention, intervention, and therapy. In the long term, GCCA is striving to educate at least five percent of the adult population in each county to create a substantial proportion of the population who are engaged, empowered, and equipped, and to make essential changes that will guarantee the safety and welfare of children.

Prevention/Intervention

GUIDE, Inc.

GUIDE, Inc. is a local nonprofit whose mission is to improve community conditions that includes delivering training and resources and working to prevent substance use and abuse. GUIDE was awarded a grant through the Department of Behavioral Health and Developmental Disabilities (DBHDD) to promote mental health and increase awareness and resources for suicide prevention, including evidence-based trainings such as Question, Persuade, Refer (QPR) and Youth Mental Health First Aid (YMHFA) to the Gwinnett community at large.

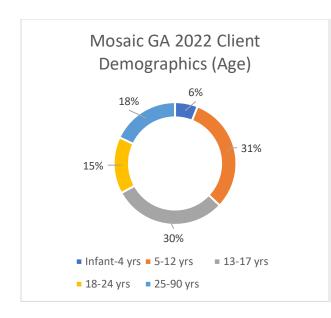
GUIDE was recently awarded the Mental Health and Awareness Training (MHAT) grant from the Substance Abuse and Mental Health Service Administration (SAMHSA). The purpose of the MHAT grant is to expand the number of individuals in Gwinnett County who are certified in Youth Mental Health First Aid, as well as to increase the capacity of YMHFA instructors in the county. GUIDE offers a virtual QPR training every month and a virtual YMHFA training once a quarter. Additionally, GUIDE provides customized trainings to various partners, such as the Gwinnett County Fire and Emergency Services Department, who were trained in QPR to help prevent suicides among first responders. GUIDE will also collaborate with Gwinnett County Public Schools to provide their staff with YMHFA training during summer 2023.

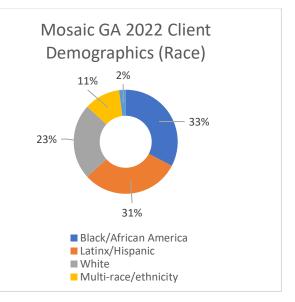
View Point Health

VPH was awarded a grant through the DBHDD to help meet the needs of community members who are struggling with the COVID-19 pandemic. In 2022, VPH served 8,300+ individuals at five outpatient locations across Gwinnett, Newton, and Rockdale counties. In addition to their outpatient services, VPH employs licensed clinicians in over 30 schools in Gwinnett, Newton, and Rockdale counties.

Mosaic Georgia

Mosaic Georgia is proud to reflect the vibrant diversity of Gwinnett County. Their team is multilingual, representing a variety of cultures, faiths, and life experiences by providing services in eight languages. In 2022, Mosaic's counselors served 3,000 victims/clients with 1,200+ of those being new. Client demographics are below.





Some of those services include:

- Trauma-focused Counseling Services ages 10 through adult
- Warm referrals to specialty therapists for children
- Support groups for non-offending caregivers of children who experienced abuse.
- Support groups for adolescent survivors of sexual abuse/assault
- Finding Hope peer-led support groups, in partnership with Saprea, for adult survivors of child sexual abuse
- Healthy Communications and Healthy Relationships: Sexual Assault Prevention and Awareness workshops for teens and youth serving organizations.
- Personal Safety and Protection Trainings to teens and youth-serving organizations focused on enthusiastic consent and self-protection from online predators.

Georgia Center for Child Advocacy

In 2022, GCCA expanded their prevention programs to better serve parents and families. They offer trainings both in-person and virtually to meet the varying needs of the community. Additionally, GCCA launched a Family Advocacy department to provide long-term family advocacy and referral services to their clients.

Advocacy and Policy

GUIDE, Inc.

GUIDE, Inc. attended:

- Mental Health Advocacy Day at the Capitol on January 31
- Substance Abuse Prevention Advocacy Day at the Capitol on February 23
- Suicide Prevention Advocacy Day at the Capitol on March 23



Mosaic Georgia

Mosaic Georgia actively engaged in promoting the safety, health, and justice of children, youth, and adults affected by sexual abuse or assault. To this end, the organization's CEO took part in the community review of sex health curricula for Gwinnett County Public Schools and advocated for the adoption of the HealthSmart curriculum recommended by GCPS staff.

Furthermore, the CEO:

- 1. Presented public comments at the March 2023 Gwinnett County Board of Education meeting, stressing the importance of educating all students in matters of their physical and sexual development.
- 2. Met with the State Superintendent of Education to discuss the roles of children's advocacy centers, the rise in child physical and sexual abuse, and the need for more and better education in the schools.
- 3. Tracked proposed bills in the Georgia legislature and educated elected representatives on the impacts of certain legislation on the community.

Research

Gwinnett Coalition

Resilient Gwinnett engaged Neighborhood Nexus, an Atlanta-based data analyst affiliate of the Atlanta Regional Commission, to serve on the Resilient Gwinnett Steering Committee and to construct a data profile for Gwinnett County regarding adverse childhood experiences risks and protective factors. This profile was constructed utilizing data and indicators from multiple

sources, including the Georgia Student Wellness Survey and Emory University's Georgia Preventing Adverse Childhood Experiences: Data to Action.

Training

Capacity building is a primary goal of the Resilient Gwinnett initiative, and the training approach was designed to supplement existing training efforts in Gwinnett County. During 2022, Resilient Gwinnett partners provided multiple sessions of these courses in the county. We are continuing to expand upon this work by offering community-based trainings which is open to all residents of Gwinnett and partnership trainings which is provided directly to partner organizations. This work will continue in years three and four.

Evidence-Based Trainings Offered by Resilient Gwinnett:











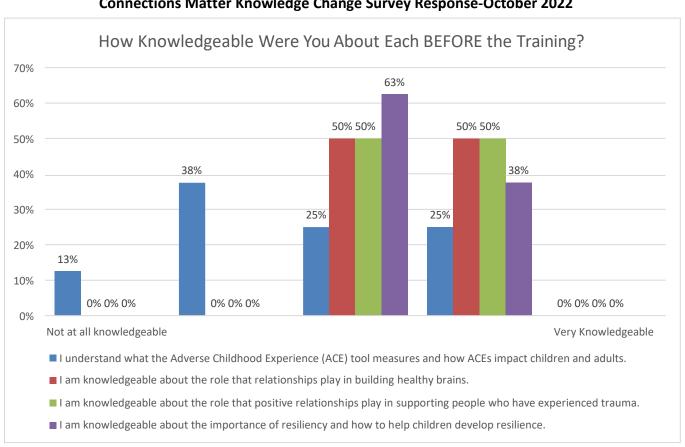
Training Statistics March 2022-March 2023

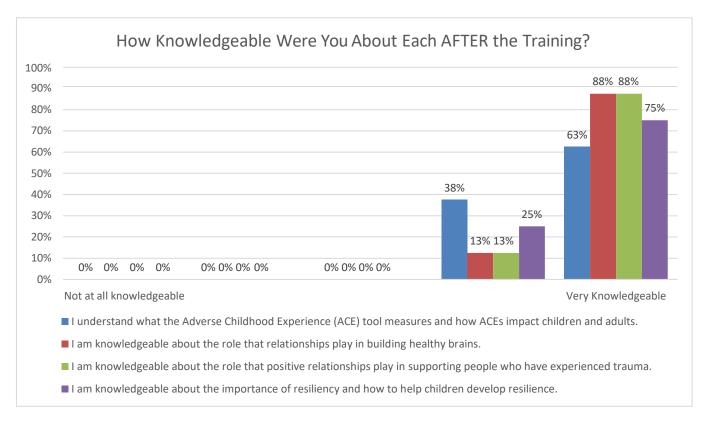
Training	Name of	Total Sessions	Total	Total
Organization	Training/Curriculum	Offered	Hours	Participants
GUIDE, Inc.	Question Persuade Refer (QPR)	22	43.5	255
	Youth Mental Health First Aid (YMHFA)	13	100	153
	Stewards of Children	7	17.5	57
	Connections Matter	3	12	64
	Mandated Reporter	1	2	10
GA Center for	Connections Matter	6	24	59
Childhood Advocacy	Stewards of Children (including Spanish)	9	19.5	93
,	Mandated Reporter	0	0	0
View Point Health	Question Persuade Refer (QPR)	29	54.5	459
	QPR/NARCAN	1	2	1
	Mental Health First Aid (MHFA)	1	8	12
	Youth Mental Health First Aid (YMHFA)	3	22	41
	Mental Health and Suicide Prevention	2	2	12
	Mandated Reporting and Forensic Medical Services	1	1	5
	Sexual Assault Awareness and Prevention for Ages 18-24	2	4	96
	Question Persuade Refer (QPR)	1	2	11
	Keeping Teens Safe and Aware	1	1.5	21
TOTALS	11 evidence-based	102 sessions	315.5	1,349
	curricula		hours	participants

Trainings	Total Participants for Year 1 (2021-2022)	Total Participants for Year 2 (2022-2023)
Question Persuade Refer (QPR)	870	725
Youth Mental Health First Aid	44	194
(YMHFA)/Mental Health First Aid		
(MHFA)		
Stewards of Children	27	150
Connections Matter	18	123
Mandated Reporter	12	15
TOTAL	971	1,027

The immediate impact of Resilient Gwinnett's trainings is highlighted in the example below from an October 2022 Connections Matter training and the feedback provided by our participants:

Connections Matter Knowledge Change Survey Response-October 2022





Connections Matter: When asked, "'which parts of the training did you find the most useful?", an attendee wrote, "[The] discussion and examples of adverse childhood experiences and their impact on brain development and life skills." -April 2022

Stewards of Children: "The training was inclusive, and the class was diverse. It was a diverse group of attendees in race/ethnicity and job sectors, so the discussions allowed for open and honest communication"-attendee, August 2022

Question, Persuade, Refer (QPR): "Thank you so much for providing a demonstration for how to talk through the QPR method with another person. It was very helpful for me to see a demonstration of this and how it could look to have these conversations."-attendee, October 2022

Mosaic Georgia

Mosaic Georgia offers training opportunities for children, youth, and adults, with a focus on sexual assault awareness and prevention training for youth and teens. Over the past year, 18 workshops have been conducted for children and youth, and these offerings are also available to church, civic, and community groups. The organization is planning to expand this programming into additional local schools in the future. According to feedback and evaluations from students, their instructors, and parents, they have expressed satisfaction with the training, feeling better equipped to handle their personal safety, consent, warding off online predators,

and addressing the prevalence of sexual assault in the community. Major outreach initiatives include:

- Offering training to college students at Georgia Gwinnett College and Oglethorpe University, as well as providing music therapy classes to children through the Wholeness Collective.
- Additionally, Mosaic Georgia will hold prevention and awareness training with students at the Gwinnett County Public School's GIVE Center East (ages 13-18) in April 2023 for Sexual Assault Awareness Month (SAAM)

Other efforts that do not fall into the categories listed above?

Mosaic Georgia facilitated a wide range of professional training for community partners and youth-serving organizations:

- Sexual Assault Awareness on College Campuses Training and Outreach: 400+ college faculty and students
- Hymen 101: 71 Multidisciplinary Team (MDT) members (including law enforcement)
- Child Sexual Abuse Processing the Trauma: 28 MDT members (including law enforcement)
- Communicating with Victims with Disabilities: 42 MDT members (including law enforcement)
- Implicit Bias Training: 43 MDT members (including law enforcement)
- Sexual Assault Awareness and Prevention and Personal Safety for Georgia Gwinnett College (GGC): 90 students and faculty participants
- Overview of the Female Anatomy, SANE Forensic Nursing Specialty, and the Forensic Medical Exam for the Georgia Gwinnett College (GGC) Nursing School: 42 nursing students
- Taking Care of a Patient Following a Sexual Assault for Northside Hospital Residents: 20 residents

Innovative Partnerships

Gwinnett Coalition

The Coalition is actively focused on deepening its partnership with Gwinnett County Public Schools (GCPS), the largest public school system in the state of Georgia serving more than 180,000 students. In his second year as Superintendent, Dr. Calvin Watts implemented a new strategic plan acknowledging the continued importance of academic achievement while recognizing students' needs for a supportive community. A re-envisioning of the community schools model may provide an exciting new entry point for hosting educational activities and trainings for families who may be disproportionately impacted by ACEs.

In addition, GCPS has historically administered the Gwinnett Student Wellness Survey, a survey similar to the Georgia Student Wellness Survey, which contains Gwinnett specific questions. The Gwinnett Coalition is the lead collaborator on developing the survey. In 2022, discussions

with district leaders included a strong possibility of assessing ACEs in the 2024 survey which would illuminate the prevalence of ACEs among the student body. The data collected from the survey and other data resources within the school district will be used by the Steering Committee to determine which ACEs are impacting the student population the most and will direct the creation of initiatives focusing on positive experiences and building resiliency. Examples of youth-serving organizations we'd like to bring in support of the "community of support" concept are:

- 100 Black Men
- Parent/Teacher Associations and Organizations
- YMCA, Boys & Girls Club, etc.

Another GCPS opportunity is implementing the Handle with Care program which requires developing relationships with Gwinnett County first responders (e.g., police, fire, EMS, Sherriff's office, etc.)

Finally, the Coalition is also a supporting partner for a <u>community-based research project</u> at the Suwanee campus of the Philadelphia College of Osteopathic Medicine (PCOM) called Keep the Spark. The "multi-year study examines the academic and systemic barriers that impede underrepresented students' interest and/or access to careers in medicine. Data will be gathered to develop an intervention strategy to expose and increase minority students' preparation for post-secondary education in health sciences." Part of the research project involves PCOM students mentoring students whose families may have critical financial or other needs. The Coalition's role is to connect the students and their families in need with community resources via our Gwinnett Cares Helpline and mitigate or prevent the trauma of insecure housing and poverty. This, in turn, will help students maintain their high school enrollment and make progress toward future careers in the health sciences. While not directly trauma-related, we believe this partnership lays the foundation for future partnerships with PCOM and supports work that will eventually lessen organizational and systemic racism, increasing trust in the medical system and preventing retraumatization in medical care.

GUIDE, Inc.

A partnership between the Gwinnett Coalition and GUIDE enables efficient use of investor funding by leveraging existing infrastructure and resources related to training. Since GUIDE routinely conducts training as part of their mission-based work, Resilient Gwinnett utilizes their staff and technology competencies to facilitate Resilient Gwinnett trainings.

Interested parties access registration for upcoming trainings on the Resilient Gwinnett website. Registrants are automatically redirected to GUIDE's portal where registration occurs, and a designated staff member oversees the planning and execution of specified training sessions. Custom training is available via the Resilient Gwinnett website where interested parties can complete a training inquiry. The inquiry is reviewed by a Gwinnett Coalition staff member who personally engages and responds appropriately to the request, including coordination with GUIDE and a follow up confirmation of next steps. This enables a seamless registration process resulting in a high-quality training experience for community members.

View Point Health

From Resilient Gwinnett's inception until now, VPH has built over 200 community partnerships including:

- Gwinnett County Sheriff's Office
- Gwinnett Technical College
- Rainbow Village
- Nspire Outreach
- HomeFirst Gwinnett

In 2022, VPH piloted and launched a Co-Responder Model in partnership with local police departments. In this approach, a licensed behavioral health clinician joins a law enforcement officer in certain situations that require behavioral health intervention or social services resources, such as psychiatric treatment and housing. This model is proving very effective in mitigating human crises and decreased involvement in the criminal justice system for people suffering from mental health or substance abuse issues.

Mosaic Georgia

Recovery from the pandemic and recession requires intentional strategies to support families and children and youth. Those strategies include:

Care for Students and Teachers: The end of March concluded the Mosaic Georgia and GIVE Center East collaboration, and a new initiative, the Wholeness Collective programming, was established. The Wholeness Collective hosted four restorative yoga sessions for teachers and faculty and four mental wellness workshops for students. Overall, the feedback was very positive from both students and staff. The goal is to offer moments of stillness and peace to children who need an extra dose of care as well as the



teachers who support them. The future goal is to partner with more Gwinnett County Public Schools to bring healing and wellness activities to more people. Mosaic Georgia also provides prevention education at all grade levels about sexting and child sexual abuse materials (CSAM).

• **Survivor Peer Support with Saprea**: Through Finding Hope support groups, adult women who are survivors of child sexual abuse meet and receive valuable resources to help with their lived experience.

Georgia Center for Child Advocacy

The Coalición Latina Mas Prevención de Abuso Sexual (AKA Hispanic-serving Prevention Coalition) initiated and hosted by GCCA is a great example of innovative partnerships. Monthly Zoom meetings feature an "awareness topic of the month" connected to a PACE. The presenter is a member or guest who is considered an expert in that field and bilingual resources are often provided. Many collaborative partnerships were created from these meetings, including:

- A 32-member interactive directory that continues to grow.
- A group-created video featuring 13 members that shares a glimpse into services offered and encourages others to join the coalition. The video may be viewed here.

The group had their second in-person meeting since the pandemic started last year. Here is a link to an interactive photobook of the second in-person meeting since the pandemic started.

The Gwinnett Coalition and GCCA are planning to host a virtual meeting in April to re-engage and connect prevention Stewards of Children / Connections Matter GA trainers who have trained in Gwinnett County between 2018 – 2023. Trainers will be added to an internal Resilient Gwinnett trainer directory and be encouraged to promote Resilient Gwinnett more throughout the community.

Spotlight

Mosaic Georgia

Mosaic Wholeness Collective: Launched in October 2022, the Wholeness Collective is a trauma-informed healing and wellness initiative enhancing Mosaic Georgia's mission by extending care beyond its established crisis responses. The goal is to encourage and support long-term healing and wellness with a range of modalities beyond traditional therapy. Activities are designed for youth and adult survivors of sexual assault, sex trafficking, dating/domestic violence. In the first six months, classes included music therapy, trauma-informed and restorative yoga, sound therapy, and Latin dance.

Inspired Action

Gwinnett Coalition

<u>The Exchange</u>, the Gwinnett Coalition's weekly e-newsletter/news digest, is distributed to partners across the community. Resilient Gwinnett content and trainings were marketed in 33 editions and the e-newsletter increased from 688 subscribers in March 2022 to 745 at the end of February 2023. A publication's open rate, the number of subscribers who open an electronic communication, is one way to measure content effectiveness and marketing engagement. The nonprofit industry open rate is about 26% for 2022 (according to <u>Campaign Monitor</u>). The average open rate for *The Exchange*, produced by the Gwinnett Coalition, is 41.6%.

The <u>Resilient Gwinnett webpage</u> provides individuals and organizations the opportunity to gain knowledge about Resilient Gwinnett and to register as a partner. Each partnership request is considered on an individual basis and a tailored response is sent to each individual or organization. Additionally, the webpage serves as a sign-up portal for *The Exchange*, allowing partners to stay abreast of training and other opportunities.

Mosaic Georgia

Listed below are ways the community can engage with Mosaic Georgia:

- Support, host and engage with The Wholeness Collective, described here.
- Stay up to date on key issues and local resources, organizations can sign up for their Monthly Newsletter, Tesserae.
- Organizations can also visit Mosaic's website to read their blog or to donate.
- The community can follow Mosaic on social media (@mosaicgeorgia) on all platforms (<u>Facebook</u>, <u>Instagram</u>, <u>LinkedIn</u>)
- View and share their Caring and Courageous Conversations series from their Facebook
 page and join them in future upcoming events
- Join Mosaic Georgia at <u>Mosaic Masterpieces</u> for their annual fundraising art auction event.

GUIDE, Inc.

GUIDE strongly supports Resilient
Gwinnett's presence within the
community and promotes the Resilient
Gwinnett mission. GUIDE often attends
community events and, as a partner of
Resilient Gwinnett, shares handouts and
flyers on behalf of the Gwinnett
Coalition.

They also encourage organizations who want to learn more about ACEs prevention to visit GUIDE'S <u>events</u> <u>webpage</u> and register for upcoming Resilient Gwinnett courses. GUIDE is also on social media via <u>Twitter</u>, <u>Facebook</u>, and <u>Instagram</u>.



Income and Expenses/Financials

Financial Report for Resilient Gwinnett March 2022 - March 2023

Budget Category and Description	Projected	YTD	Remaining
	Amount	Expended	Funds
Administrative Costs for Project	\$97,000	\$72,345.43	\$24,654.57
Management			
Marketing and Communications	\$12,500	\$4,954.76	\$7,545.24
Partner Costs for Trainings	\$25,000	\$17,708.17	\$7,291.83
Evaluation Costs	\$10,500	N/A	\$10,500.00
TOTAL	\$145,000	\$95,008.36	\$49,991.64



<u>In-Kind/Match:</u> GUIDE, Inc. received SAMSHA funding for mental health awareness training. The grant is \$125,000 annually for five years from 2021 to 2025.

<u>YTD Utilization of Funds</u>: For administrative costs, salary allocation was based on the timesheets for the Coalition's CEO, COO, Community Health Programs Manager, and Director of Engagement. Marketing and communications funding allocations supported hosting, maintenance, and updates to the Coalition website as well as topic research and content development for promotional efforts. Partner costs for training were supported with a

Memorandum of Agreement with GUIDE, Inc. to manage the launch and maintenance of Resilient Gwinnett trainings offered from March 2021 through February 2023, which included any training fees.

Remaining Usage of Funds: The Gwinnett Coalition and its partners met with KINSHIFT, a firm experienced at leading system change at the nexus of racial justice and trauma-informed care. KINSHIFT prepared a proposal for services totaling \$76,000. The proposal targeted healthcare and social services organizations and included a 2-hour overview training course for up to 50 people and a 2-day Train- the-Trainer for up to 30 people. In 2022, several conversations about the proposal occurred with KINSHIFT principals, Resilient Gwinnett Steering Committee members, Resilient Georgia staff, and Resilient Middle Georgia leadership. The expectation is the Gwinnett Coalition will engage KINSHIFT in a 3-phase approach beginning summer of 2023 and ending in 2024. Funds remaining in the 2022 budget will be used for Phase I.

Gwinnett Coalition

Resilient GA Profit and Loss by Class March 2022 - February 2023

	Total
Income	
4300-00 Revenue from Non-Government Grants	
4300-02 Foundation/trusts	
700 Pittulloch Foundation	100,000.00
701 Primerica Foundation	25,000.00
706 Community Foundation of NE GA	10,000.00
707 Jesse Parker Williams Foundation	20,000.00
Total 4300-02 Foundation/trusts	\$155,000.00
Total 4300-00 Revenue from Non-Government Grants	\$155,000.00
Total Income	\$155,000.00
Gross Profit	\$155,000.00
Expenses	
5000-01 Salaries	59,134.33
5015-01 Payroll Tax Expense	4,578.35
5020-01 Medical/Dental	6,670.08
5020-02 403-B Expense	206.21
6021-01 Software Subscriptions	146.50
6130-01 Office Supplies	257.50
6140-01 Printing 6140-11 Marketing and Promotion	1,352.46 4,954.76
6230-01 Training/Education	17,708.17
0200-01 Training/Education	
Total Expenses	\$95,008.36
Net Operating Income	\$59,991.64
Net Income	\$59,991.64