

# Resilient Georgia Regional Grantee Annual Report Outline 2023

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# About the Resilient Georgia Regional Grants

<u>Resilient Georgia</u> has been working with 16 regions across Georgia to provide an emphasis on trauma-informed awareness and care, Adverse Childhood Experiences (ACEs) and child sexual abuse prevention training as a basis to transform systems and procedures crossing both public and private sectors.

- Resilient Georgia serves as a supportive and guiding resource during each region's planning and implementation process.
- These regional action plans each address the behavioral health needs of individuals birth through 26 years old and families in the community and surrounding counties using the Collective Impact framework (a diverse, robust and well-planned public-private partnership).
- Trauma-Informed Care, ACEs and child sexual abuse prevention can be the basis for systemic changes in a community. Each region has identified how one or more of these content areas are delivered to diverse community members through formal training, education, marketing and communications.
- Round 1 grants were awarded in November 2019 to regional coalitions based out of Athens, Augusta, Macon, Savannah and surrounding areas. Round 2 grants were awarded in July 2020 to regional coalitions based out of Albany, Columbus, Rome, Thomasville and surrounding areas. Round 3 grants were awarded in March 2021 to regional coalitions based out of Clayton, Cobb, Gwinnett, Valdosta and surrounding areas. Round 4 funding was awarded in December 2021 to regional coalitions based out of Atlanta, Brunswick, Gainesville, and Waycross and the surrounding areas.

# **Coalition Mission**

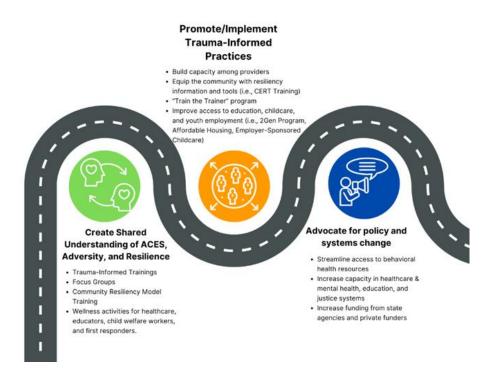
The mission of Resilient Communities of Southeast Georgia is to create a resilient and responsive community with economic, social, and emotional supports for all. The initiative aims to create lasting change through a combination of education, innovation, service provision, and collaborative action. Focusing its efforts on strengthening communities in southeast Georgia, partners are working to create a shared understanding of adversity and resilience, promote trauma-informed practices, and advocate for policy and systemic change.

## Summary

Resilient Communities of Southeast Georgia brings together a cross-sector collaborative of stakeholders to strengthen communities in southeast Georgia by creating a shared understanding of adversity and resilience, promoting trauma-informed practices, and advocating for policy and systemic change through:



- Building awareness and a common understanding of adversity and resilience through the training of partners, community leaders, and practitioners in trauma-informed practices and ACEs prevention, reduction, and intervention strategies.
- Promoting coordinated trauma-informed practices across systems to address the systemic causes of ACEs in high-poverty communities, particularly those of color.
- Preparing future professionals to enter the workforce with knowledge of and skills in trauma-informed practices by providing training opportunities to students at College of Coastal Georgia, Schools of Education, Nursing, and Criminal Justice.



The coalition focuses its efforts on a 5-county region in southeast Georgia, consisting of both urban and rural communities. In an effort to maximize community impact and drive lasting change, the coalition utilizes evidence-based methods and targets three primary sectors of the community – education, healthcare, and justice.

- **Education**: Preschool/Headstart staff, public school teachers, counselors, and other support staff, k-12 students, and College of Coastal Georgia students/staff.
- Healthcare: Physicians, nurses, and behavioral health professionals
- Justice: Department of Family and Children Services, County and Municipal Police Departments, and the Sheriff's Office, Firefighters, Emergency medical technicians (EMTs) and Paramedics, 911 dispatchers, Juvenile Court staff, Guardian Ad Litems.



# Leadership Team and Contributors

## Janelle Harvey

Director of Community Impact, United Way of Coastal Georgia

## **Strategic Partners**

Steven Sainz, Camden Connection Jason Umfress, College of Coastal Georgia Family Connection of Glynn County Dottie Bromley, Glynn Community Crisis Center Senetra Haywood, Glynn County School District Allie Christianson, Hope 1312 Collective Leslie Hartman, Safe Harbor Center

# **Coalition Partners**

# **Resilient Communities of Southeast Georgia**

## **2023 Coalition and Community Partners**



#### Community

Camden Connection Coastal Georgia Area Community Action Authority Communities of Coastal Georgia Foundation Faithful Love Faithworks Ministry Family Connection of Camden County Family Connection of Mcintosh County Family Connection of Mcintosh County Family Connection of Georgia - Region 12 Salvation Army United Way of Coastal Georgia

#### **Education**

Boys and Girls Clubs of Southeast Georgia Coastal Outreach Academies College of Coastal Georgia Communities in Schools First Tee of Glynn County Glynn County School District Camden County School District Golden Isles College and Career Academy HeadStart STAR Foundation of Coastal Georgia YMCA of Coastal Georgia

#### Health/Mental Health

Camden Community Family Center CASA Glynn Coastal Coalition for Children Coastal Community Health Services Gateway Behavioral Health Glynn Community Crisis Center Grace House Hope 1312 Collective Safe Harbor Center Southeast GA Health System

## Local/State Government

City of Brunswick City of Brunswick Police Department of Behavioral Health and Developmental Disabilities (DBHDD) Department of Juvenile Justice - Family Court Circuits District Attorney for the Brunswick Judicial Circuit Glynn County Department of Family and Children's Services Glynn County EMA Glynn County Self fs Office



# Key Impacts/Accomplishments

#### **Coalition Building**

The Resilient Communities of Southeast Georgia coalition has continued to expand throughout 2023. Additional partnerships have been established and awareness/support with stakeholders in education, healthcare, local and state government, judicial and law enforcement, elected officials, daycare, housing, employment, business, civic groups, and faith-based organizations has increased. We look forward to building additional capacity in 2024.



#### **Resilient Communities of Southeast Georgia Toolkit**

In May 2023, the initial stages were completed of creating a digital toolkit to be used by collaboratives, partners, and community leadership to raise community awareness and drive systems change and sustainment of the movement. This toolkit will include a variety of digital content and branded marketing materials including, but not limited to, a strategic marketing plan, website landing page, media publications/guidelines, flyers/brochures, social media marketing, PSAs, window-clings with the Resilient Communities of Southeast Georgia logo, etc.

## **Resilient Communities of Southeast Georgia Landing Page**

The landing page for Resilient Communities of Southeast Georgia launched in May 2023. The page will provide current, up-to-date information about trainings, activities, and new information. Please visit at <u>www.rcosg.org</u>.





# Description of Trauma-Informed Care (TIC) and Adverse Childhood Experiences (ACES)- Related Efforts

## Prevention/Intervention

#### **Family Connections Regional Roundtable**

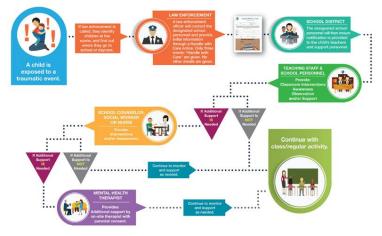
In February 2, 2023, Resilient Communities of Southeast Georgia hosted a Family Connections Roundtable Discussion. The event brought together Family Connections Directors and board members from Regions 9, 11, and 12 as well as representation across 3 Resilient Georgia coalitions - Resilient Communities of Southeast Georgia, Resilient Coastal Georgia, and Waycross Area Resilient Georgia. Topics of discussion included the progression of Handle with Care implementation in each county, sharing of successes and barriers to implementation, and training opportunities and resources. Each Resilient Georgia coalition provided an update on current activities as well as plans for the upcoming year.

#### Handle With Care

The Handle with Care (HWC) program fosters collaboration among schools, first responder organizations, and mental health service providers. First responders alert school staff whenever a student is present at the scene of an incident so they can provide trauma-sensitive support. After months of planning and discussions, the Handle with Care program was implemented in Glynn in November 2023. Trauma training (CRM) was provided to law enforcement and school personnel.

Some of the challenges encountered include:

- Getting officers to remember and carry out the notification steps.
- Waiting for directives from the decision makers in the organizations to move forward.





#### McIntosh School District/Carter Center – School Based Mental Health Planning

In April, 2023, a community needs assessment and collaborative planning meeting to discuss school-based mental health needs was held in McIntosh County, GA.



The drawing above was created by a McIntosh teen at a Mental Health Family Workshop.

The meeting included McIntosh County School District, the Carter Center, Voices for Georgia's Children, Georgia Appleseed, Resilient Georgia, United Way of Coastal Georgia, and Coastal Community Health Services.

Discussion around the increasing need for additional mental health services, barriers to accessing services, and the feasibility of establishing a school-based mental health clinic was discussed. Participants were given a tour of the district and spoke with school staff and parents. to be available in the school setting was held.

In December 2023, the upcoming opening of the Tiger Clinic, McIntosh County's first school-based health clinic was announced.

#### **Nurturing Parenting Program**

Funded by a DECAL Community Transformation Grant, the Nurturing Parenting Program expanded to all Glynn and McIntosh County families in January 2023. The goal of the program is to support parents in taking care of children's social-emotional and behavioral needs through increased parenting skills and removing barriers that restrict access to resources that foster healthy physical and emotional development of those youth. Outcomes include:

- Increased family bonding and parental involvement
- Increased positive parenting skills
- Increased positive communication
- Decreased family conflict

Barriers to access were mitigated with travel vouchers, considerate timing of parenting classes, and using small group and individual instruction. The program is delivered through community



partners including Safe Harbor Children's Center, United Way of Coastal Georgia, YMCA of Coastal Georgia, and Coastal Coalition for Children.

## Advocacy and Policy

Resilient Communities of Southeast Georgia is actively engaged in advocacy activities with multiple organizations in Coastal Georgia.

- Coastal Georgia Homeless Coalition
- Glynn County Behavior Health Collaborative
- Southern Regional Community Collaborative
- Glynn County Local Emergency Planning Committee
- DECAL Stakeholders Focus Group with Civitas Strategies
- Gang prevention planning with District Attorney's office

## Training

**Community Resiliency Model (CRM)** – We have provided several CRM training courses reaching a variety of populations. The majority have been in the education field.

- We will be promoting CRM training in the Disaster Psychology module of the Community Emergency Response Team (CERT) training which will allow the training to reach the entire community.
- We offered the 1-hour overview Community Resiliency Model Training to all Georgiabased United Way Impact staff on March 10, 2023. While there was a smaller than estimated attendees (8), there is a lot of interest in further discussing how it can be incorporated into our investment process.

## Other trainings offered:

- Connections Matter
- Handle With Care
- Mandated Reporter Training
- Mindful Self-Compassion (MSC)
- Prevent Now! Workshop
- Stewards of Children
- Trust-based Relational Intervention we are open to providing this training when it is not cost-prohibitive.



## **Inspired Action**

## Neighborhood Ambassador Initiative

In the upcoming year, we plan to establish a Neighborhood Ambassador Initiative. The purpose of this program is to:

- Create the space for hearing concerns and take the first steps towards addressing them.
- Build community voice and leadership
- Represent community interests and voice community needs.
- Recommend solutions and actions to improve the neighborhood.
- Influence systemic and structural change in the community.
- Engage residents to become participants in the coalition.

Meals and childcare will be provided at each meeting. Each participant will be provided a stipend or gift card for participating in all 12 meetings for the year.

# Income and Expenses/Financials

Resilient Communities of Southeast Georgia					
2023 Budget Report					
		2023 Budget	YTD		
ne	Grants				
	Resilient GA	\$100,000	\$100,000		
	Communities of Coastal Georgia Foundation	\$7,500	\$0		
Income	St. Marys Methodist Church Foundation	\$20,000	\$0		
<u>_</u>	Individual Contributions	\$5,000	\$0		
	Foundation/Corporate Support	\$20,000	\$0		
	In-Kind Support - UWCGA Admin Support	\$20,000	\$20,000		
	Total	\$172,500	\$120,000		
		2023 Budget	YTD		
	Capacity-Building Programming	\$60,000			
	Coalition Building/Recruitment		\$44.81		
Expenses	Collaborative Meeting/Planning		\$1,087.65		
us	Trainings				
be	Handle With Care Program				
ы	Kindness Grant Program				
	Train the Trainer Program				
	Resilient GA 5% Fee	\$5,000	\$5,000.00		
	Management/Administration				



Total	\$115,000	\$30,488.50
Events - TBD		
Promotion/Awareness		\$4,356.04
Marketing	\$10,000	
Project Coordinator	\$20,000	\$0.00
UWCGA Administration	\$20,000	\$20,000.00